Put Your Best Foot Forward

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Basics!

Gotta start someplace.
What does it actually mean to put your best foot forward?

• Embark on a journey or task with purpose and GUSTO
• What is GUSTO???
  • Hearty or keen enjoyment, as in eating or drinking, or in action or speech
    • Enjoyment
    • Excitement
    • Passion
    • Fervor
    • Zeal
Internal Attributes

• Prepare yourself mentally
• Know what you are getting yourself into
• Practice answering questions about yourself
  1. Tell me about yourself.
  2. What is your greatest strength?
  3. What is your greatest weakness?
  4. Why do you want to work here?
  5. What interests you about this job / role?
  6. Why should we hire you?
• Make sure to write down your questions
IT'S A MINDSET
External Attributes

• Eye contact is critical
• Practice shaking hands
• Hygiene matters
• Posture is more important than you think
• Feel of confidence!
What are other important things to remember?

**LADIES...**
1. Heels are not important!
2. Do not wear a ton of jewelry!
3. Your clothing choice matters!

**MEN...**
1. Wear socks!
2. Be sure to groom facial hair!
3. Your clothing choice matters!

and don’t forget...
You're never fully dressed without a SMILE
Why is this stuff important?
Does this stuff matter?
So let’s get back to…

PUTTING YOUR BEST FOOT FORWARD
Let’s do this!!!

Stand up and practice introducing yourself to each other!
To be successful in securing a pharmacy job, you must put these and other interviewing tactics into practice.

It is REALLY important for you to prepare for your interview. NEVER become overconfident… That is a huge mistake.

INSTEAD have confidence in who you are yet make sure to maintain a humble disposition.

REMEMBER to embark on the interview journey with PURPOSE and GUSTO!!!

Communication is…
THANK YOU